

Islet cell infusions in the treatment of Diabetes Mellitus

Solomons HD*

Hematology, Pathology, University of the Witwatersrand, Ormonde, Johannesburg, South Africa

***Corresponding author:** Hilary Denis Solomons, Hematology, Pathology, University of the Witwatersrand, Ormonde, PO Box 64203, Highlands North, Johannesburg, 2037, South Africa

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Short Note

Update on Listeriosis in South Africa.

Listeria is caused by eating contaminated food.

It is caused by Listeria Monocytogenes and is susceptible to ampicillin and gentamin.

It can cause abortions in susceptible mothers.

Foods involved include fruit, vegetables, meat and poultry.

Hygiene especially washing of hands is essential.

Contamination can come from the abattoir.

Diagnosis is made from blood and CSF cultures.

Patients present with nausea, vomiting, cramps and diarrhoea.

If left untreated the disease can be fatal.

Dehydration and septic shock occur.

Intravenous fluids are essential. The death toll currently in South Africa is currently 106 patients.