

## Use of Enteroclysis for Chronic Constipation 1

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### **Commentary**

A case is described of a 49 year old male with chronic constipation.

The man had had no bowel movement for 4 days and an obstruction as a cause for chronic constipation had been ruled out.

All methods of laxatives including fleet enemas had been tried and eventually an enteroclysis was done.

A nasogastric tube was inserted under vision directly into the small bowel / duodenum.

4 litres of luke-warm saline was infused via the naso-gastric tube into the patient.

Within 40 minutes watery faeces began to pour from the anus of the chronically constipated individual.

This is a slightly unconventional but successful way of treating chronic constipation when all other methods of treatment have failed!