

## Gastric Bypass Surgery

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**Citation:** Hilary Denis Solomons, Gastric Bypass Surgery, Ann Surg Onco Treat, 2024; 1(1): 1.

**Published Date:** 06-08-2024 **Accepted Date:** 01-08-2024 **Received Date:** 20-07-2024

**Keywords:** Haemacel; Blood

### Short Letter

How to do your own gastric bypass for weight loss

Gastropexy instead of liposuction..

Give yourself a good dose of

Local anaesthetic in the midline

Linea alba.

Open the rectus abdominis muscles.

Separate the muscles.

Do a modified Nissan fundoplication to create an oesophageal sphincter.

Open and grab the stomach.

Reduces the functional and absorptive capacity of the stomach by 95%!

Invert and tether the stomach to the diaphragm

Reduce the functional capacity of the stomach

Suture and close.

Weight reduction is guaranteed.

Approximately 7.5 kgs is lost every week.

No reports of vitamin or fat malabsorption have been reported and steatorrhoea is not a side effect.

Thanking you

Yours sincerely

Dr HD Solomons